


GETTING STARTED

Accurate test results start with a properly collected specimen. Please review the specimen collection instructions thoroughly before you begin.


Tips to ensure a proper collection:

- Do not urinate for at least 1 hour prior to collecting your specimen.
- Collect only the first 20-30 ml of urine expressed or a first catch.
- Collect a “dirty” specimen, biological females should not cleanse the labia area prior to specimen collection.


STEP 1:

PREP		<ol style="list-style-type: none"> 1. Lay out all the contents of your kit. 2. Label the collection tube with the patient’s name and date of birth. (unlabeled specimen tubes will not be processed) 3. Fill out the requisition form with all required patient information. IMPORTANT: Ensure the information on the requisition form and collection tube match exactly
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STEP 2:

COLLECT		<ol style="list-style-type: none"> 1. Remove the cap from the collection cup. 2. Perform a first catch (sample collected from the initial urine stream). Collect between 20-30 ml (no more than 1 fl oz); this should only fill about a quarter of the collection cup. 3. Empty the remaining volume of the bladder into the toilet.
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STEP 3:

TRANSFER		<ol style="list-style-type: none"> 1. Remove the cap from the transfer tube. Be careful not to spill any of the specimen preservatives. 2. Use the pipet provided to transfer urine from the cup into the transfer tube. <ul style="list-style-type: none"> • Squeeze the top bubble of the pipet to remove all the air. • Place the pipet into the collected urine cup and release the pressure on the top of the pipet. This will draw urine into the pipet. • Move the full pipet into the transfer tube and squeeze the top to release the urine into the tube. 3. Repeat step 2 as needed until you fill the collection tube to the marked fill line. 4. Place the cap back onto the transfer tube and twist it to seal the sample tightly. 5. Invert the tube 8-10 times to mix the urine with the preservative.
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STEP 4:

RETURN		<ol style="list-style-type: none"> 1. Place the transport tube and test request form into the biohazard bag with the absorbent pad, then seal the bag. 2. Enclose the biohazard bag within the crush-proof box, and place it into the return shipping envelope 3. Ship the specimen to the lab. Cold pack not required.
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For Video Instructions:

For more detailed instructions to assist you in your specimen collection use the QR code to the left or visit usbiotek.com/specimen-collection

General Guidelines

- Biologically female patients should not cleanse the labia prior to collecting their specimen.
- Catch only the first 20-30 ml (no more than 1 fl oz) of urine expressed. This should fill no more than a quarter of the collection cup.
- Fill the specimen tube to the indicated fill line.
- If your test panel includes a pregnancy test for biological females, collect a first-morning sample.
- Ensure the name on the urine tube label and requisition form match exactly.

Medical Precautions

- If you are currently taking antibiotics, wait at least 7 days after completing your prescription before taking your test.
- If the collected specimen contains excess blood (urine is a dark red or brown color) it should be discarded and not used for testing.
- Avoid contact with the PCR Medium (liquid preservative preexisting in the urine transport tube). If contact with the skin, eyes, or mucous membranes occurs, immediately wash the area with a large amount of water.