

General Guidelines

- Avoid collection during menstruation or urinary tract infections.
- Fill the specimen tube to the 7 ml line to ensure there is enough sample for testing.
- Avoid excessive fluid intake the evening prior to urine collection. An overly diluted urine specimen may be rejected.
- Ensure the name on the requisition form and urine tube match exactly.

Medical Precautions

- We strongly recommend consulting your healthcare practitioner prior to making any changes to your current medication regimen.
- If the collected specimen contains excess blood (urine is a dark red or brown color) it should be discarded and not used for testing.
- If you are taking the medication methylene blue, DO NOT submit sample until urine has returned to a normal color.

USBioTek Laboratories' Specimen Collection for Liquid Urine is permitted for use under the guidance of a healthcare practitioner.

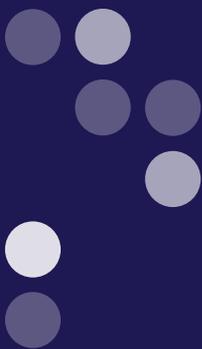


For More Detailed Instructions: For detailed instructions to assist in your specimen collection, use the QR code to the left or visit usbiotek.com/collect-specimen

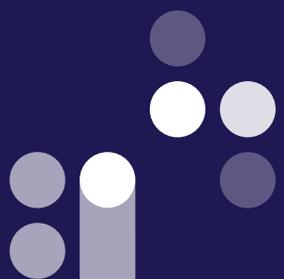
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US BIOTEK LABORATORIES

Better Health Through Better Testing



Urine Tube
Collection Instructions



GETTING STARTED

Accurate test results start with a properly collected specimen. Please review the specimen collection instructions thoroughly before you begin.

Tips To Ensure A Proper Collection & Transport:

- Collect a first-morning void specimen, meaning the first urination collected after a 6-8 hour period of time.
- Collect a mid-stream urine catch, filling 1/2 of the collection cup.
- Specimens should be sent to the lab within 48 hours of collection. If samples can not be shipped immediately, liquid samples should be frozen until the time of shipment.

Note: If frozen note the date frozen on the collection tube.

STEP 1:

PREP		<ol style="list-style-type: none">1. Lay out all the contents of your kit.2. Label the collection tube with the patient's name and date of birth. (unlabeled specimen tubes will not be processed)3. Fill out the requisition form with all required patient information. IMPORTANT: Ensure the information on the requisition form and specimens match exactly
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STEP 2:

COLLECT		<ol style="list-style-type: none">1. Perform a mid-stream catch (begin urinating, then start collecting the specimen) filling the collection cup 1/2 full.2. Empty the remaining volume of the bladder into the toilet.
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STEP 3:

TRANSFER		<ol style="list-style-type: none">1. Use the pipet provided to transfer urine from the cup into the transfer tube.<ul style="list-style-type: none">• Squeeze the top bubble of the pipet to remove all the air.• Place the pipet into the collected urine cup and release the pressure on the top of the pipet. This will draw urine into the pipet.• Move the full pipet into the transfer tube and squeeze the top to release the urine into the tube.2. Repeat step 2 as needed until you fill the collection tube to the line marking 7 ml.3. Place the cap back onto the transfer tube and twist it to seal the sample tightly.
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STEP 4

RETURN		<ol style="list-style-type: none">1. Place the transport tube and test requisition form into the biohazard bag with the absorbent pad, then seal the bag.2. Enclose the biohazard bag within the crush-proof box, and place it into the return shipping envelope3. Ship the specimen to the lab. Cold pack not required.
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