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**MICROBIOLOGY**

STOOL, SPOT

Result

**C. DIFFICILE TOXIN**

**CLOSTRIDIUM DIFFICILE: POSITIVE**

**Toxin A: Detected**

**Toxin B: Detected**

**Method: Chromatographic immunoassay.**

**Comment:**

Clostridium difficile can present as mild to severe infection with abdominal pain, cramping, diarrhoea, fever, abdominal distention, sepsis, and acute abdominal obstruction and raised inflammatory markers.

**Treatment**

Stop the offending antibiotic. Asymptomatic patients or GDH positive but toxin negative patients may not need treatment. Close monitoring is essential with warning signs of deterioration. Repeat faecal toxin testing advised only after 28 days or worsening symptoms, as toxins may still be circulating in the system for up-to 28 days.

Mild infections: Oral Metronidazole 500 mg three times daily for 2 weeks.

Consider probiotics/herbal formulas, which can suppress C. diff without activating toxin production.

**DISCLAIMER:**

Any information provided by us is for information purposes only.  
Commentary is provided to the practitioner for educational purposes and should not be interpreted as diagnostic or as treatment recommendations.  
Diagnosis and treatment decisions are the practitioner's responsibility.