

GETTING STARTED

Accurate test results start with a properly collected specimen. Please review the specimen collection instructions thoroughly before you begin.

To reduce chances of specimen rejection:

- Make sure your patient is well hydrated before starting
- Make sure the information on the collection tube and requisition form is filled out and matches each other.
- Double check the requisition form for the required sample amount to ensure your collection is sufficient.

STEP 1:

PREP		<ol style="list-style-type: none"> 1. Lay out all the contents of your kit. 2. Locate the collection tube and clearly print patient Name, Date of Birth and collection date on the tube label. 3. Fill out the patient information on your requisition form and on the collection card. IMPORTANT: The name on the requisition form and card MUST match. Unlabeled or mismatched cards will be rejected. 4. Test Requisition Form must also include: Practitioner's Name, Requested Test, Specimen Storage, Payment Information.
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STEP 2:

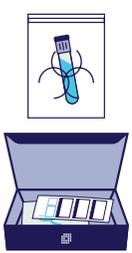
COLLECT		<ol style="list-style-type: none"> 1. Draw the blood utilizing the two tiger-top serum separator tubes provided. 2. Allow the blood to clot. 3. Centrifuge the tube at 3000 RPM for 15 min. <p>NOTE: Each fully drawn tiger-top serum separator tube usually yields between 3-4 mL of serum.</p>
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Serum Requirements:

Serum volumes are listed on the test Requisition Form. An insufficient sample may result in the inability to complete testing for all panels ordered. Notification of the panels that can not be completed are issued with the partial items.

**Hemolyzed, lipemic or icteric sera will be rejected.*

STEP 3:

RETURN		<ol style="list-style-type: none"> 1. Enclose the collected serum tubes in the resealable bio-hazard bag with the absorbent pad. 2. Place the completed requisition form in the outside pocket of the bio-hazard bag. 3. Secure the bio-hazard bag, with all of it's contents, in the crush-proof cardboard US BioTek box. 4. Place the crush-proof box into the provided return shipping package and seal securely.
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For More Detailed Instructions:

For detailed instructions to assist you in your specimen collection use the QR code to the left or visit usbiotek.com/serum-collection-instructions

General Guidelines

- The materials provided in this kit are for one-time use only.
- **Food, Inhalant, & Mold Panels:**
The lab must receive specimen within 14 days at ambient temperature from date of collection.
- **Celiac Antibody Panel:**
The lab must receive specimen within 10 days at ambient temperature from date of collection.
- US BioTek Laboratories is NOT a Medicare or Medicaid provider. Our test procedures are not reimbursable by either.

Medical Precautions

- Do not perform this test if you are taking blood thinners or have a blood clotting disorder (unless authorized by your healthcare practitioner).
- Immunosuppressive drugs (e.g., prednisone), immune-modulating drugs, and topical cortisone suspensions and creams may alter test results.
- Consult with your healthcare provider prior to making any changes to your current medication regimen.
- We recommend maintaining your usual dietary habits prior to blood collection, or consult with your healthcare practitioner before making any changes to your diet.